

# User seal checks

## Disposable Respirators

### NEGATIVE AND POSITIVE PRESSURE

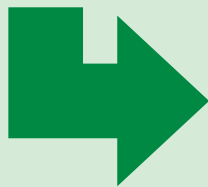


**Cover respirator  
with both hands**

**Breathe in gently**

Respirator should  
slightly **collapse**

**If air leaks in  
around the face:**



**Adjust straps or  
Reposition face piece**

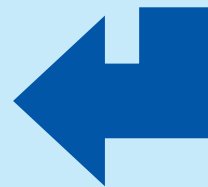


**Cover respirator  
with both hands**

**Breathe out gently**

Respirator should  
slightly **expand**

**If air leaks out  
around the face:**



**REPEAT TEST UNTIL SEAL IS ACHIEVED**