



**SAFE,
HEALTHY
AND
INCLUSIVE**
WORKPLACES
FOR ALL



Work Wellness Institute
L'institut de bien-être au travail

CONCEPT OF WELLNESS

- An approach that promotes health and preventing disease within the workplace. This encompasses various dimensions including physical, **mental, emotional, social,** financial, and occupational wellness.







FLEXIBILITY INCLUSIVITY & CONNECTED





TAKE A HOLISTIC
APPROACH

EVIDENCE BASED
APPROACH

CREATE A CULTURE

THANK YOU!



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WAYS TO REACH OUT TO US



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Q + A

