

SAFE, HEALTHY AND INCLUSIVE WORKPLACES FOR ALL



Work Wellness Institute

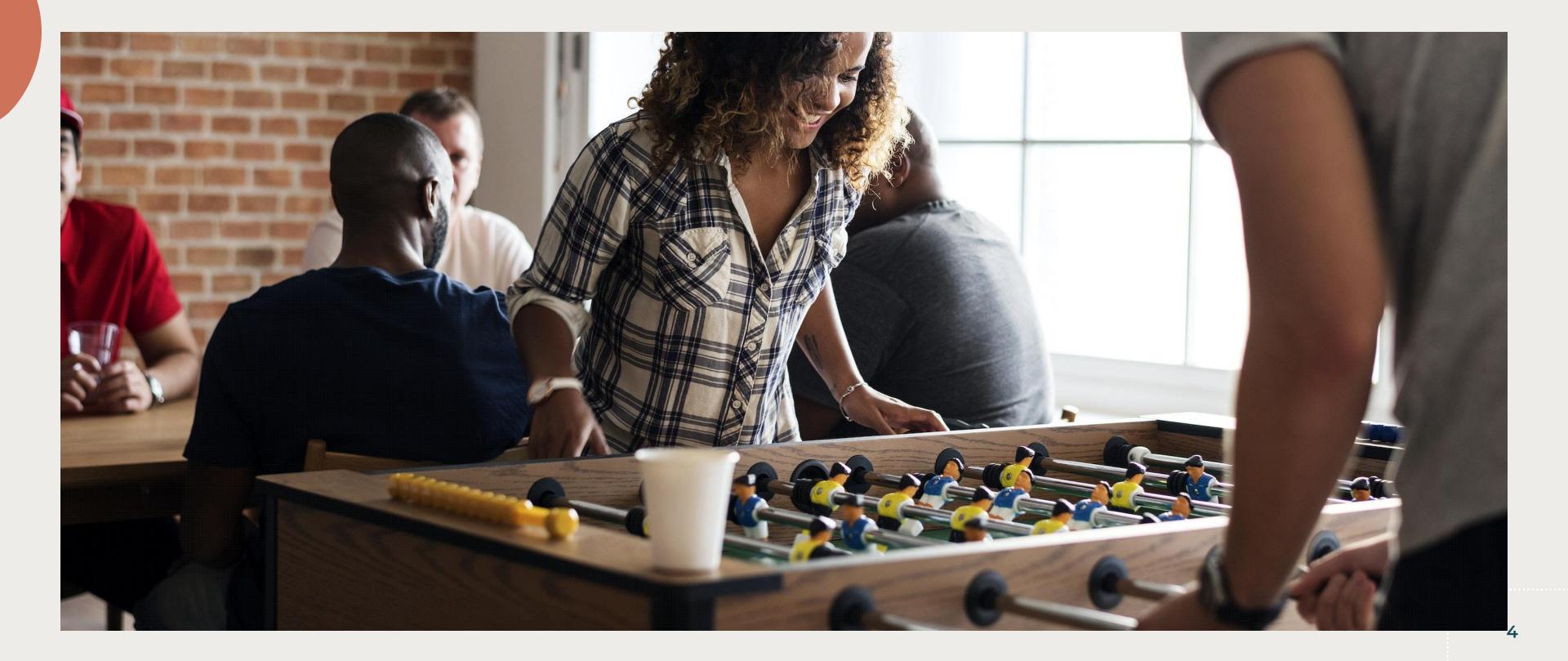
L'institut de bien-être au travail

CONCEPT OF WELLNESS

An approach that promotes health and preventing disease within the workplace. This encompasses various dimensions including physical, *mental, emotional, social,* financial, and occupational wellness.

2





FLEXIBILITY INCLUSIVITY & CONNECTED





5





TAKE A HOLISTIC APPROACH

EVIDENCE BASED APPROACH

CREATE A CULTURE



7

THANK YOU!



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WAYS TO REACH OUT TO US



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