

Investment and People Practices for the Future of Work

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**SAFE,
HEALTHY
AND
INCLUSIVE**
WORKPLACES
FOR ALL



Work Wellness Institute
L'institut de bien-être au travail

THE NEED FOR A NEW APPROACH

- Rapid workplace changes demand constant improvement.
- Risk of burnout if continuous improvement isn't managed effectively.
- LEAF Framework: A balanced approach to wellness and performance



THE LEAF FRAMEWORK: THE SILENT ENGINE OF WELLNESS



- Lead with Empathy: Small, steady changes; prioritize wellness.
- Promote EQ: Encourage open dialogue; support mental health.
- Adaptability: Transparent goals and realistic expectations.
- Embed Flexibility: Offer diverse work arrangements.

PERFORMANCE & INNOVATION

- LEAF framework creates a culture where change is a positive, manageable process.
- Healthy, inclusive workplaces are magnets for global talent.
- Emphasizing wellness is both a strategic advantage and a commitment to employee well-being.





THE MOST IMPORTANT
THING WE CAN DO IS
FOCUS ON CREATING
WORKPLACES WHERE
EVERY SINGLE PERSON
FEELS VALUED, SAFE, AND
EMPOWERED TO BRING
THEIR BEST SELVES TO
WORK


Indra Nooyi, former CEO of PepsiCo

THANK YOU!




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WAYS TO REACH OUT TO US

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