# MAKE IT SAFE VANCOUVER

#### ANATOMY OF A SUCCESSFUL SAFETY CAMPAIGN

OCTOBER 9 ----- 1:00 PM

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🔈 makeitsafe.ca





### **Anatomy of a Successful Safety Campaign**

Male It Safe Conference

Oct 9, 2024

Facilitator: Tanya Tighe



#### Tanya Tighe

Organizational Health, Safety and Wellbeing | Integrated Disability Management Greater Vancouver Metropolitan Area 4K followers · 500+ connections



Queen's University

Linked in

### About the Facilitator

Tanya Tighe is an HR Professional dedicated to supporting organizations in cultivating healthy, safe, accessible and inclusive workplace environments.

### **Defining Success In OHS**

#### How Do You Define Success In Workplace Safety?

 Decreasing WSBC Costs • Reduced Workplace Injuries **Statistics**  Reduced Workplace Incidents Increased Reporting OSSE Certification (COR Certification for Manufacturers) Standards & Awards Safety Pinnacle & Safety Excellence Awards Employees communicate safety concerns openly Employees actively participate in the OHS Program OHS integrated into agenda for general meetings Workplace Culture • Joint OHS Committee collaborates effectively Joint OHS Committee recommendations function to improve safety and support organizational goals

Consider how OHS success might be thought of differently by various stakeholders in your workplace.









### Introducing the Safety "Report Card" for Safety Committees in K-12 Education

### **The Challenge**



Sometimes QUORUM was not achieved

Sometimes MINUTES were not posted

Regular INSPECTIONS were lacking JOHSC EVALUATIONS not always completed

JOHSC TRAINING not always completed

### **The Opportunity**

We implemented "Report Cards" for every JOHSC

They provided data on compliance based on KPIs with a % score based on those metrics

Report cards identified key strengths and opportunities for improvement

Senior Leaders adopted the report cards as part of performance conversations

KPI compliance increased exponentially as a result of this campaign







### **Keep it Relevant**

Focus on goals and objective that make a difference



Utilize the systems and structures that are integral to the organization

Measurable progress communicated effectively can energize safety culture

### Workplace Safety & Employee Engagement

#### Health, Safety & Engagement Are Inherently Linked



# Think of time when you truly felt excited about a project.

- What factors sparked your interest in the work?
- What aspects of the project were most rewarding?
- What about the work did you find challenging?









### There are no wrong answers.



### "What On Earth is a Safety Basket ???"



### Safety Basket Competition

- Competition occurred over full year
- Many opportunities to advance
- Prizes awarded at the beginning of each year, integral to the annual leadership presentation of OHS goals & objectives

#### **Metrics Included:**

- ✓ Key Performance Indicators
- ✓ Report Cards
- ✓ Committee Effectiveness
- ✓ Safety Initiatives



### Make it Fun!

DIY, Frugal, Unique Creations

Packed Full Of Surprises

Kept winning JOHSCs fed and entertained at meetings throughout the next year

Once empty, the basket became a keepsake for the winning site

Fostered both pride and humour in the spirit of healthy competition among JOHSCs



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### In Your Organization, How is Workplace Safety:



#### How Are Other Important Workplace Activities Communicated?



### **The Evolution of OHS**

The pandemic has emphasized the **important** relationship between work and population health.

It has highlighted the **importance of worker wellbeing and mental health**, thereby expanding the occupational health and safety framework—which previously focused on disease and injury risk—to also **focus on the positive impacts that work can have on workers' ability to thrive in life.** 

(Peters, et. al. 2022, p.e191)

### **Workplace Safety Campaigns**

#### There are Numerous Approaches to OHS Initiatives



#### "Control leads to compliance; autonomy leads to engagement"

Drive: The Surprising Truth About What Motivates Us, Daniel Pink



#### youngworkers

WORKERS	PARENTS	TEACHERS	EMPLOYERS





Consider hosting a film festival of the Youth Video Contest winning entries at your workplace.

https://www.ccohs.ca/youngworkers/video\_contest.html

### 2024 National Winner: Grades 8-10

#### (Do not) Disturb By Kitsilano Secondary School



https://youtu.be/ohPlxe9E9u0

#### National Day of Mourning

#### We remember

workers who have died, were injured, or became ill from their job.

#### We commit

to protecting workers and preventing further workplace tragedies.

Marked annually in Canada on April 28, the National Day of Mourning is dedicated to remembering those who have lost their lives, suffered injury or illness on the job, or experienced a work-related tragedy.





Day of Mourning We remember workers who have died, were injured, or became ill from their job. We commit to protecting workers and preventing further workplace tragedies.

- April 28 -

#### https://dayofmourning.bc.ca/



Together we can create safe workplaces and communities

#SafetyAndHealthWeek



Share Safety and Health Week posters and messages on your bulletin boards, Intranet and in e-mails to staff.



Promote Safety and Health Week through articles in your newsletter and on social media channels.



Launch a recognition program for safety initiatives that enhance ongoing health and safety practices.

https://www.safetyandhealthweek.ca/english/events\_suggestions.html





#### **Compassion Toolkit:**

- A social media bank with graphics
- Social media banners
- E-signature
- A poster

#### **Resources on:**

 How to create compassionate workplace cultures

### **#CompassionConnects**

https://cmha.ca/mental-health-week/toolkits/





CAN/CSA-Z1003-13/BNQ 9700-803/2013 National Standard of Canada

### Psychological health and safety in the workplace —

Prevention, promotion, and guidance to staged implementation

Disponible en français Santé et sécurité psychologiques en milieu de travail — Prévention, promotion et lignes directrices pour une mise en œuvre par étapes

Commissioned by the Mental Health Commission of Canada



#### MENTAL HEALTH **Psychologically Healthy** and Safe Workplaces WORK-LIFE REASONABLE VALUE AND BALANCE JOB DEMANDS RESPECT CHALLENGING **GROWTH AND** SECURITY WORK DEVELOPMENT Workplace Factors Psychological and Recognition social support and reward Organizational Involvement culture and influence Clear leadership Workload and expectations management Civility and Engagement respect Balance Psychological Psychological demands protection Growth and Protection of development physical safety

https://mentalhealthcommission.ca/resource/national-standard-for-psychological-health-and-safety-in-the-workplace-the-standard/

### National Standard for Psychological Health and Safety in the Workplace



https://youtu.be/nLjPE8qVn0Y

May 5-11, 2024 Emergency Preparedness Week

GetPrepared.ca

Government Gouvernement of Canada du Canada

Canadä

#### **Emergency Preparedness Week**

- Know the risks
- Make a plan
- Get an emergency kit

#### Welcome to the EP Week Toolkit

- Introduction
- <u>Resources</u>
- <u>Downloadable Graphics</u>
- <u>Videos</u>
- Emergency Preparedness Publications
- <u>Sample Quiz</u>
- <u>Appendix 1 "Can You Build a Kit?" Game</u>



https://www.getprepared.gc.ca/cnt/rsrcs/ep-wk/tlkt-en.aspx



# Activity

### Add To The Next JOHSC Agenda

28

# **12** Months of Safety

Plan a whole year of health and safety talks and communications to support your team. Need Toolbox Talks, topics for your safety committee meetings, or just want to step up your OHS program? We've got you covered! Use these tools and resources to connect and train your team on health and safety hazards and controls for the tasks they do every day!



Set aside time with the JOHSC to build a calendar of promotional days that are most relevant for your workplace.



Plan in advance, block time and lean on the team



Share links and collaborate with your colleagues on initiatives related to these observances

https://safetyalliancebc.ca/twelve-months-of-safety/

Recall an instance where a stakeholder provided harsh criticism about OHS. What was the core issue that underpinned that messaging?









## DR. JONES: Safety Champion?

#### **The Situation**

- "Back in the Day", different time, different place
- Highly respected influential leader
- Proudly "Old School"
- Openly perplexed by changes relating to OHS

### **The Opportunity**

We implemented 1<sup>st</sup> Aid Training for 200+ workers

Leaders were invited to drop-in or participate in the training as time permitted

After hearing staff discussing the course, Dr. Jones attended and spent a full day learning and sharing real life experiences with the workers

He came back and completed day two out of genuine interest and to continue with the learning and team building





### **Why This Was A Game-Changer**

Dr. Jones became a vocal advocate and supporter of 1st aid training as well as other "sensible" initiatives that made a tangible difference in worker safety

- We all struggle with change sometimes and so we relate with folks in their struggle; we empathize, we get it.
- Influential Leaders (formal and informal) are already leading OHS, whether they know it or not.
- When unsuspected safety advocates cheer from the side lines it makes an enormous difference. When they choose to jump in and join the race, we all win!



Dr. Jones, Secret Safety Hero and Change Agent

### The Role of Positivity



Optimism and forward thinking is important for safety culture



A solutions-focused orientation is essential for gaining and sustaining momentum



Actively listen to understand the issues, validate what was heard and identify opportunities







### **Flipping The Script**

#### Value Negative Feedback:

• The best ideas often come from feedback and discourse.

#### Don't Diss the Critic:

• Engage in constructive dialogue.

#### Seek Out Untapped Resources:

- Harness the energy of most impactful voices in safety.
- Expressions of frustration, conflict, or fear of change should spark our interest.
## **Flipping The Script**

### Listen for the Wisdom Beneath the Words: Ask Questions





## **Champion Your Champions**

- Partner on researching & implementing suggestions for improved systems and communication.
- Measure, communicate and celebrate the success.
- Genuinely thank folks for their contributions and efforts.
- Elevate and give credit to the folks involved in this important change for safety.
- Advocate for the time & resources need to support great ideas.



## **Education and Training**

## **Learning Campaigns**

### Align Training with Strategies to Improve OHS

- What areas of focus are indicated by incident statistics?
- What initiatives are WSBC highlighting as important for your industry?









		Potential severity			
		Minor	Moderate	Major	Extreme
Chance	Rare	Low	Low		
	Unlikely	Low			
	Moderate				High
	Likely			High	High
	Very likely		High	High	High





## Professional Development

- Lunch and Learns: Bring in an expert to discuss strategies for healthy eating
- Team Building Games: Safety Jeopardy
- Individual Challenges: A Quiz on the new Employee Family Assistance Program
- Workshops: Create Your Own Emergency Preparedness Kit
- Host a Wellness Fair: Invite local health businesses and practitioners to share free resources and information

## WORK SAFE BC

### **Related resources**

# <section-header>

### Creating a Key Risk Inventory for Your Workplace: Engaging Your Workers to Help Manage Risks

A key risk inventory (KRI) can be a valuable tool in your overall strategy for managing workplace risks. This guide describes what a KRI is and how to use a collaborative approach to create one for...

Publication Date: Apr 2022 | 🎴 PDF | Guide | 🛃 Download | Preview





### My health & safety resources

This tool guides you through a series of questions and topics to help you identify hazards and risks that may exist in your workplace. Once completed, you'll receive a report that contains a curated...

Publication Date: Nov 2022 | 🛃 HTML | Interactive Form



### Staying connected after an injury: Gilda's remarkable journey p7

Safety training fills a gap in wood pellet industry p13

Changes coming to first aid requirements p19

## Enlist your local Prevention Officer

### One of WorkSafeBC's Roles is Education!

- WSBC Officers can be a phenomenal source of knowledge and expertise.
- Invite them to host a table at your safety event
- Involve them in a Lunch n Learn with the JOHSC
- Align your OHS initiatives with a WSBC campaign
  Let them know what your committee is doing
  Ask if they can suggest resources that would help



## **Achieve Alignment**

- Look at what your organization currently does that increase worker health and wellbeing and find new ways to recognize this commitment
- Include as many differing perspectives as possible in the creative project of enhancing OHS
- Connect Workplace Health, Safety and Wellbeing initiatives to the organizational vision, mission and strategy



## We appreciate your participation Any questions, comments or feedback are most welcome.



## **Q & A**

**Thank You For Your Time and Attention!** 



Maslow, A. H. (1943). A theory of human motivation. *Psychological Review*, *50*(4), 370–396. <u>https://doi.org/10.1037/h0054346</u>

National Standard. (2013). CSA National Standard of Canada for Psychological Health and Safety in the Workplace Mental Health Commission of Canada. Retrieved August 15, 2022, from <u>https://mentalhealthcommission.ca/national-standard/</u>

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