

# User seal checks

## Disposable Respirators

### NEGATIVE AND POSITIVE PRESSURE

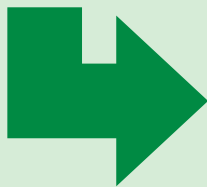


**Cover respirator  
with both hands**

Breathe **in** gently

Respirator should  
slightly **collapse**

If air leaks **in**  
around the face:



**Adjust straps or  
Reposition face piece**

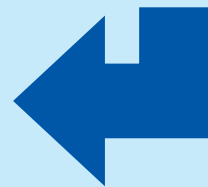


**Cover respirator  
with both hands**

Breathe **out** gently

Respirator should  
slightly **expand**

If air leaks **out**  
around the face:



**REPEAT TEST UNTIL SEAL IS ACHIEVED**